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News Release

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METCARE Goes Live With Availity ***Real-Time Eligibility and Benefits and Claim Status Supported***

JACKSONVILLE, FL – Availity, L.L.C., a leading provider of e-health transaction services, announced today that it supports METCARE Health Plans, Inc. (“METCARE”) located in West Palm Beach, FL, a wholly owned subsidiary of Metropolitan Health Networks, Inc. (AMEX:MDF) (PCX:MDF), for the transmission of electronic HIPAA transactions to its AdvantageCaresm Medicare Advantage health plans. METCARE health care providers can now conduct real-time eligibility and benefits and claim status inquiries through the secure Availity[®] Gateway at no charge to them.

“As a growing health plan dedicated to ensuring our members have access to the health care they need, we are excited about using this technology to help our members and business partners. Partnering with Availity and utilizing its technology serves to promote efficiency and convenience for our AdvantageCaresm members as well as our contracted providers,” said Debbie Finnel, President and Chief Operating Officer for METCARE Health Plans, Inc.

“Because Availity’s secure portal is already used in more than 70% of METCARE provider offices, we should realize rapid adoption and utilization of the inquiry transactions,” said Dan Chavez, Senior Vice President of Operations for Availity. “It’s our goal to save both the provider community and METCARE time and money.”

About Availity, L.L.C. – Patients. Not paperwork.[®]

Availity optimizes the flow of information between health care providers, health plans, and other health care stakeholders through a secure Internet-based exchange. The Availity[®] Gateway supports both real-time and batch web and electronic data interchange (EDI) transactions, is committed to complying with HIPAA regulations, and has proven to be fast and efficient. Availity is the recipient of the 2005 A.S.A.P. Alliance Innovation Award, 2003 and 2004 eHealthcare Leadership Awards, the 2004 IT Florida Excellence in IT Leadership Award, the 2003 E-Fusion Award, the 2003 TETHIE Award, and the 2003 AstraZeneca-NMHCC Partnership Award. For more information, including an online demonstration of the Availity[®] Gateway, visit www.availity.com or call 800.AVAILITY (282.4548).

About METCARE Health Plans, Inc.

METCARE, a wholly owned subsidiary of Metropolitan Health Networks, Inc. (AMEX:MDF) (PCX:MDF), is a Florida-focused health maintenance organization providing healthcare services to people with Medicare through its AdvantageCaresm Medicare Advantage health plans, now available in Lee, Charlotte, Sarasota, Martin, St. Lucie and Okeechobee counties. To learn more about METCARE, please visit www.advantagecare.com.